

## Tyrannize Women Rights Leading to Violation of Human Rights

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### Abstract

An absolute necessary initiative of the 21<sup>st</sup> century is to start a worldwide movement for all to learn, know and own human rights as a way of life. Relevant to people's daily lives integration of on-going process of learning human rights at all levels of society will lead to women and men taking a brave, enlightened journey towards the realization of human rights. But changes in society demands effective proposal in order to maintain social order. As no system of social control works perfectly the techniques of social control are adjusted to match different situations. People often deviate from social and legal norms, although non-conformity varies greatly in form and frequency. As deviation is perceived as a threat to social stability yet attitude towards deviants keeps on changing with change in beliefs in the causes of deviant behavior in general and crime in particular.

**Keywords:** Tyrannize Women Rights, Violation, Human rights

### Introduction

Despite the adoption of the Universal Declaration Human Rights (1948) and special covenants provided for the rights of children, women and disabled, almost every day there are instances of violence, ethnic cleansing, heinous torture, child abuse, man slaughter and several other human rights violations. Indian society violence is bursting. It is present almost everywhere - behind closed doors of homes, people are being tortured, beaten and killed. It is happening in rural areas, towns, cities and in metropolitans as well. It is crossing all social classes, genders, racial lines and age groups. It is becoming a legacy being passed on from one generation to another.

### Tyrannize Women Rights

Violence is affecting the lives of million women worldwide, in every socio-economic and educational class cutting across cultural and religious barriers; it impedes the right of women to participate wholly in society. Violence against women has horrifying variety of forms such as domestic abuse, rape, child marriages and female circumcision. All these are considered as violations of the most fundamental human rights. In India women constitutes nearly fifty percent of our population. Women are being denied of human rights from the cradle to the grave. Infanticide is rampant in certain parts of the country where the birth of a girl child is not welcome. In western

nations nearly forty-one percent of the women play an active role in the production process. In India the situation is much to be desired. Commonly, sexual abuse and flesh trade are much haunted evils, which are threatening the existence of women as independent entities especially in countries like India.

### **Categories of Violence against Women**

#### ***Domestic violence:***

In developed and developing countries, violence against women in the family occurs and is long been considered a private matter by bystanders and neighbors', the community and the government. Barring such private matters have tendency to become public tragedies to be strictly dealt with.

#### ***Traditional practices:***

Many countries have deep rooted traditions and cultured society where women fall victim to traditional practices which violates their human rights. The tenacity of the problem has much to do with the fact that most of these women are haunted physically and psychologically on the name of these customs.

#### ***Son Preference:***

Particularly in Asia son preference affects the women much. Its consequences can be anything from fetus or female infanticide to neglect of the girl child over her brother in terms needs - nutrition, basic health care and education. In India, some women choose to terminate their pregnancies when expecting daughters but continue their pregnancies in terms when expecting sons. According to reports from India, genetic testing for sex selection has been banned but the son preference attitude is still experienced even in high economic status. Research carried out by the United Nations Population Fund and the International Centre on Women showed,

60 per cent of the men admitted of using violence to assert their dominance over their partner if she was unable to bear a son.

#### ***Dowry and Early Marriage:***

Women in India are virtually sold into the marriage market. Huge dowries are still demanded even when the girl can supplement the man's income. In such an ambience, no rights are enjoyed by women because she is a woman. In some states of India, weddings are preceded by the payment of an agreed-upon dowry by the bride's family on the very day of the wedding. Furthermore, the failure of paying the dowry leads to violence and sometimes shatters the family completely. Still women now a day is burned in dowry-related disputes and many such cases are never reported. Early marriage, especially without the consent and acknowledgement of the girl, is another form of violating the human rights of women. Early marriage is also followed by multiple pregnancies which affect the health of women for life.

#### ***Rape:***

Rape is a weapon to trample women. Women are safe nowhere in the world. Justice prides herself on being blind to everything but the truth - yet as far as rape is concerned; the facts paint a different picture. Rape occurs anywhere, even within the family taking the form of marital rape or incest. It occurs in the community, where a woman can fall prey to any abuser. It also occurs in situations of armed conflict and in refugee camps.

#### ***Sexual harassment:***

Sexual harassment in the workplace is a growing concern for women. Employers abuse their authority to seek sexual favors from their female co-workers or subordinates, sometimes promising

promotions or other forms of career advancement or simply creating an untenable and hostile work environment. After the enactment of the Sexual Harassment of Women at Workplace Act, 2013 there is quite a balance and much change in the attitude of men at work place.

***Prostitution and trafficking:***

Many women are forced into prostitution either by their parents, husbands or are result of the difficult economic and social conditions in which they find themselves. They are also forced into prostitution, sometimes by "mail-order bride" agencies that promise to find them a husband or a job in a foreign country which results, in finding themselves illegally confined in brothels and in slavery-like conditions where they are physically abused and their passports withheld. Most women initially victimized by sexual traffickers have little inkling of what awaits them. They generally paid a very small percentage of what the customer pays to the pimp or the brothel owner. Caught up in the system once, there is practically no way out. Hence, it is difficult for prostitutes to come forward and ask for protection if they become victims of rape or want to escape from brothels.

***Pornography:***

Pornography is another concern highlighted in India, which represents a form of violence against women that "array the degradation and maltreatment of women and asserts their subordinate function as mere receptacles for male lust". In such cases women are left speechless and shattered and nowhere to knock the doors of law. A much required act is hence needed for this violation of women human rights.

***Acid Attack:***

Acid attack is a very accent of womens' human right violence. Its major cause is rejection, jealousy or possessiveness over women of men in form throwing acid keeping in view to destroy woman's face which leads to many physical, mental and societal trauma for the woman . It occurs within the family too.

***Need of the Hour***

Violence against women is not limited to violence occurring in the family, marital rape or rape in a relationship, other sexual abuse, sexual harassment at work, trafficking in women and girls with intention of sexual and other forms of exploitation, forced prostitution, abortion of female fetuses and infanticide of baby girls, traditional practices harmful to women such as genital mutilation, forced or too early marriage, widow burning, honor killing, acid attacks, stoning, war rape, and other. Presently, violence against women is a consequence of a traditional gender inequality within Indian society and of actual formation of power in gender relations. It is very much rooted in cultural patterns, especially in harmful influences of particular traditional practices or customs, education systems, religious beliefs and media influences.

All of the above mentioned risk factors make it more difficult, longer and less effective to bring end to the violence against women in India. They incomparably contribute to the increasing social suspension of domestic violence victims and lower their chances for financial and other independence. However, the best ways suggested by International Center for Research on Women (ICRW) to end violence against women and girls are mentioned below:

1. To provide women with access to legal delegation and freedom to pursue justice

against slaughterers of violence through the précised legal system.

2. Very important is to promote gender equality in schools and widen the access to education especially for girls. In many states of India, it has been proven from time and time that girls enrolled in school are less likely to be married early. Hence, the girls who obtain higher education are more likely employed and are empowered resulting in aiding their families with financial aid.

3. It is high time to bring an end to forced early marriage and premature pregnancy leading to the cause of death of girls between 15 to 19 years of age. With more than 142 million girls expected to marry before they turn 18 over the next decade, programs like Apni Beti Apna Dhan (ABAD) has been introduced offering conditional cash transfers to incentivize families to delay their daughter's marriages. This will also likely help reduce arranged marriages and allow the girls to develop both physically and mentally before they are married and ready to become a mother.

4. Greater attention to violence that inflict by a partner or spouse. There are numerous stories of women who are forced by their husbands to do many awful and unwanted things which are of extreme nature sometimes. When desired help from the community she claimed to be ignored because abuse from a spouse was not considered to be a violation of a woman's rights. Punishable law is must for every society, every community and every country.

5. Revise marriage laws that are institutionally biased against women especially, those denying women custody over their children, and legacy and land rights in cases of death, separation or divorce. There is need of revised unprecedented rights for women, including the right to oversee property-related

transactions, to manage family land and resources and retain a portion of land to live on and cultivate if widowed or divorced.

The above mentioned changes are to be brought by a man, by every society of any country. The Constitution of India provides every individual with Right to Equality which is also a fundamental right of a human being stating every human is equal before law. So why make the woman a different species? Don't they need to live? Why disgrace a woman? Does it prove you stronger of being a man? What we need is to take woman as a human being first than as a co-worker, as a shoulder, as a builder, as a pillar, as a support and most importantly, equal.

One can bring few changes within itself not by learning from outside but within his own thinking and actions in the following ways:

#### ***Use Social Media***

Social media has an empowering effect sending articles with the click of a button, can spread the word. Youth is known as the power of the nation which on contrary does not need the mainstream media to voice their views!

#### ***Report***

Report with photos that exploit girls and young women when you see them on social media sites like Youtube, Facebook and Instagram making them more viral will aware and help the women around.

#### ***Be media literate and critical***

Become critical when you see something wrong otherwise it becomes normalized and we are benumbed! The media regularly uses images of violence against women and objectifies girls and women to sell products. Women are also objectified in movies, music and magazines. If you see a commercial that is sexist and

degrading towards women – write or e-mail the company and do share your views.

### ***Interrupt transphobic language***

Words are powerful. We live in a society where words are commonly used to put girls and women down. Gendered name-calling is used which sends the message, that, girls and women are less than fully human. When girls and women are seen as inferior it becomes easier to treat them with less respect and ignore their rights hence, changing the way you speak can actually change the way you think which automatically will change the society.

### ***Interrupt abuse***

Many boys push a girl at school over an argument or a game if seen such a situation try and say something to stop him from continuing to be abusive and aggressive. At a party if your friend is intoxicated and being lead away being alone, help her get home.

### ***Stop street harassment***

Don't engage in any forms of sexual harassment, such as catcalling, and unwanted touching and nor let your friends and peers engage in such behaviors either! On the contrary part is empowered to speak up against friends and peers or any other person. Many commercials now days are guiding the accused for not repeating the shameful act. Change is hence to be brought within the male to take the female as human as he is.

### ***Come up with an action plan***

Plan ahead what you would do if a situation arises where either, people you know or strangers, are being abusive and/or sexist. Sometimes it's easier to interrupt and stop the abuse when you know what you will say and how you will approach the situation before hand.

### ***Role of gender in violence***

It is a few experienced that boys and men do deal with abuse but it is important to remember that the majority of victims of abuse are female and the majority of slaughterers of violence are boys and men.

### ***Stop Victim Blaming***

Blaming girls and women for how they choose to dress or judge their behavior is not right (unless the atmosphere allows the dressing sense to fit the situation). Violence can't be prevented through limiting the freedoms of girls of moving here and there day and night. The laws must be strict to punish the accused of forcing and indulging in such activities. The victim must be provided a soft behaviour by the police and special intensive psychological balance must be the prime action by the authority.

### ***Stop rape culture***

Educate yourself with the fact that girls are equal and are your friends, sisters, mothers and will be your daughters in future. Every human in their life time go through a serious problem which brings down his nerves at a certain point. Feel the same about the trauma a woman goes through when raped. Why rape her? Ask for her consent! Make her feel gentle, bold and much equal as you expect your home girl to be. They belong to the same species where you belong to.

### ***Classifying Labels***

Using the term bullying to label violence against girls and women masks the truth of what's happening. This is much seen fact at schools experiencing gender violence either in a dating relationship or from their peers at school, by designating it correctly will stop a culture, which will normalize and minimize the violence against girls and women.

***Educate yourself on the roots of violence***

Violence against girls and women axis in male influence and the socializing of men. Hence, it is very important to educate oneself on the roots of violence against women. Books and articles reading, joining a group at school and attend any training available to you. Learn about the myths and realities of gender violence and understand how our society condones it.

***Clubs to discuss gender violence***

Create an after school club or group where you can openly discuss your views and experiences and support your friends or other people or victims. Reflect your beliefs and bring in change in those beliefs and actions and opinions. Be honest and admit your faults and commit to changing the way you think and act. Stop supporting the notion that violence is due to mental illness, lack of anger management skills, alcohol and drug use, stress, etc.

***Stop stereotyping men's and women's roles***

Social roles and expectations effect a man's decisions about his relationships. Men are taught that expressing feelings is not robust. Examining one's social role and learning ways to express feelings directly and non-violently will helps to create deeper and more meaningful interpersonal relationships. You don't have to prove yourself.

***Be Supportive***

Many girls recently, has reported and informed their families about their experiencing violence in their lives. The media is becoming more supportive and bringing in some change in order to support the victim. Hence, no one can make up a story and accuse oneself of being raped or harassed. You may be the first and only person she tells. Believe her

and support her decisions, without being judgmental and help her at every cost.

***Creating awareness for women***

Awareness among the women must be created regarding support and safety. Acknowledge yourself with the resources for women in your community, including women's centers, counseling centers and health service organizations. Act as a positive resource for girls close to you by sharing information and making criterion. Volunteer your time to prevent violence by speeches which would brings awareness to the issue and will motivate others to act upon good deeds.

***Conclusion***

Hence, all we as human beings must remember that gender violence is not an individual issue. We all play an important role to bring end to the violence against women and it is of great responsibility that we all must take in ending the violence in India. Change firstly is to be taken place within ourselves before we expect from the society. As man is a social animal and is believed to live in a civil society along with woman with respect, equality, freedom and humanity. Educating and up bring sons with the manner to respect and change behaviour towards a woman to be treated equal is believed to be of a significant importance. What is required by the society is the awareness programs and socially educating men and women around about their dos and don'ts.

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